

# Hey Old Lover

**COPPERKNOB**  
STEPSHEETS
**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** Trude Dalene (NOR) - September 2021

**Music:** Hey Old Lover - Kip Moore

**Intro: 32 count, (Start when he sings Hey Old Lover)**
**[1-8] SLIDE RIGHT AND LEFT WITH STOMPS**

- 1-2. Slide to right on R, drag L beside,
- 3-4. Stomp L twice, (weight remains on R.)
- 5-6. Slide to left on L, drag R beside,
- 7-8. Stomp R twice, ( weight remains on L)

**[1-8] HEEL DIG WITH 1/4 x 2,**

- 1-2. Dig R heel fwd, Step R beside L
- 3-4. Dig L heel fwd with 1/4 to left, Step L beside R
- 4-5. Dig R heel fwd, Step R beside L
- 7-8. Dig L heel fwd with 1/4 to left, Step L beside R

**[1-8] VINE LEFT, VINE RIGHT WITH 1/4 TURN LEFT, BRUSH**

- 1-2. Step R to right, Step L behind R
- 3-4. Step R to right, Touch L beside R
- 5-6. Step L to left, Step R behind L
- 7-8. Step L 1/4 to left, Brush R

**[1-8] TOE STRUT FWD, JAZZBOX 1/4 TO RIGHT**

- 1-2. R toe fwd, Step down R foot
- 3-4. L toe fwd, Step down L foot
- 5-6. Cross R over L, Step back L with 1/4 turn right
- 7-8. Step R to right, Cross L over R

**TAG:** On wall 2, (facing front wall) do first counts 1-4<sup>8</sup>, (with slide and stomps),  
 Then start from beginning again.

# AB Goodnight Kiss

COPPER STEPS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Janet Cummings (USA) - January 2020

Music: Goodnight Kiss - Randy Houser. Album: How Country Feels. BPM 111 - Length: 3:09



Intro: 48 Count...Start on LYRICS - No Tags or Restarts

Alternate Song: (Sittin' On) the Dock Of The Bay, Otis Reading - BPM: 104

**SECTION 1: R DIAGONAL STEP FORWARD, L FOLLOW, HEEL SPLIT; L DIAGONAL STEP BACK, R FOLLOW, HEEL SPLIT**

(Once you're comfortable with Heel Splits, try Double Dorothy Clicks)

1, 2, 3, 4 R Step Diagonally Fwd, L Follow; With Weight on Balls of BOTH Feet Spread Heels Apart, Close

5, 6, 7, 8 L Step Diagonally Back, R Follow; With Weight on Balls of BOTH Feet, Spread Heels Apart, Close

**SECTION 2: R ROCK FWD, L RECOVER, R SHUFFLE BACK; L ROCK BACK, R RECOVER, L SHUFFLE FWD**

1, 2, 3&4 R Step Forward, L Recover, R Step Back, L Follow (&), R Step Back

5, 6, 7&8 L Step Back, R Recover, L Step Forward, R Follow (&), L Step Forward

**SECTION 3: R CROSS ROCK, RECOVER, TRIPLE IN PLACE; L CROSS ROCK, RECOVER, TRIPLE IN PLACE**

1, 2, 3&4 R Cross L With Weight, L Recover, Step R, L R (In Place)

5, 6, 7&8 L Cross R With Weight, R Recover, Step L, R, L (In Place)

**SECTION 4: QUAD-ROCKER**

1-4 R Ft. Cross L, L Recover, R Rock Diagonally (2:00), L Recover,

5-8 R Rock Diagonally Back (4:00), L Recover, R Cross Rock Back, L Recover *1/4e au Seite (F+gette)*

Note: This Dance is #17 in my Absolute Beginner Series. Woot!

You will learn FOUR (4) New Steps in this dance...They are: Heel Splits, Shuffles (Forward & Back), Triple In Place, and a Quad Rocker while still staying on ONE wall. All of these dances are designed to be progressive learning tools to help you acclimate to a dance floor.

Good job guys, and congratulations on your progress. But, please never forget Floor Etiquette, and the need to Respect each other and your Instructors on that floor at all times.

Many thanks for checking in, may God richly reward you for your every effort. God bless.

Contact: [jcumings246@aol.com](mailto:jcumings246@aol.com)

# I Swear, I Swear

**COPPERKNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner



**Choreographer:** Guillaume Richard (FR) & Amanda Rizzello (FR) - March 2022

**Music:** I Swear - YouNotUs

## NO TAG ,NO RESTART

### Step Touch across , Step Touch behind, grapevine ¼ turn R , Scuff

- 1-2 Step RF to R side, Touch L Toe across R
- 3-4 Step LF to L side, Touch R Toe behind L
- 5-6 Step RF to R side ,Cross LF behind R
- 7-8 ¼ Turn R Stepping RF forward, Scuff LF

### Rocking Chair, V Step

- 1-2 Step LF forward, recover on RF
- 3-4 Step LF back , recover on RF
- 5-6 Step L fwd onto L diagonal, Step R fwd onto R diagonal  
(Left hand behind head , Right hand behind head)
- 7-8 Step L back to centre, Step R back to centre  
(Left hand to L hip , Right hand to R hip)

### Step Touch behind X2 , ½ Walk around, Scuff

- 1-2 Step LF to L side, Touch R Toe behind L
- 3-4 Step RF to R side, Touch L Toe behind R
- 5-6 Walk around stepping L, R, whilst making a ½ turn over L shoulder
- 7-8 Walk L, Scuff RF

### Jump R,L hold, Jump L,R, hold, Slow coaster step , Step together

- &1-2 Jump on RF R diagonal ,touch LF next to R, Hold
- &3-4 Jump on LF L diagonal , touch RF next to L, Hold
- 5-6 RF step back, LF step together
- 7-8 RF step forward, LF step together

**Guillaume Richard:** cowboy\_gs@hotmail.fr

**Amanda Rizzello :** amanda\_19@hotmail.fr

# Diamond Swing

Choreographed by Robert Hahn, Germany – 6th April 2022

**Description:** 32 Count, 4 Wall, Improver, WCS Linie Dance  
**Music:** Diamonds by Sam Smith  
**Note:** Start after 16 count intro

This Dance is dedicated to my Friend and Competition Dancer Christa. I know how much dancing means to you! This Dance should give you energy and strength to get through everything well! I'm keeping my fingers crossed for you!

## 1-8 Step Cross, Point Left, 1/8 Sailor Turn Left, Walks Forward, Shuffle Forward

- 1-2 Step right across left, point left to left side
- 3&4 Step left behind right, step right to right side, step left to left side and make a 1/8 turn left (face 10:30h)
- 5-6 Step right forward, step left forward
- 7&8 Step right forward, step left next to right, step right forward

## 9-16 Rock Step, 1/2 Shuffle Turn Left, Step Forward, 1/2 Turn Right and Step Back, 1/8 Turn Right and Shuffle Side

- 1-2 Step left forward, recover weight back onto right
- 3&4 Make a 1/2 turn left and step left to left side, step right next to left, make a 1/2 turn left and step left forward (face 4:30h)
- 5-6 Step right forward, make a 1/2 turn right and step left back (face 10:30h)
- 7&8 Make a 1/8 turn right and step right to right side (face 12:00h), step left next to right, step right to right side

## 17-24 1/2 Diamond (Walks & Shuffles)

- 1-2 Make a 1/8 turn right and step left forward (face 1:30h), step right forward
- 3&4 Make a 1/8 turn right and step left to left side (face 3:00h), step right next to left, step left to left side
- 5-6 Make a 1/8 turn right and step right back (face 4:30h), step left back
- 7&8 Make a 1/8 turn right and step right to right side (face 6:00h), step left next to right, step right to right side

## 25-32 Kick & Points, Step Cross, 1/4 Turn Left and Step Back, Coaster Step

- 1&2 Kick left forward, step left next to right, point right to right side
- 3&4 Kick right forward, step right next to left, point left to left side
- 5-6 Step left across right, make a 1/4 turn left and step right back (face 3:00h)
- 7&8 Step left back, step right next to left, step left forward

... start again 😊

**Tags:** Add the following steps on the end of Wall 2 (face 6:00h), Wall 3 (face 9:00h), Wall 5 (face 3:00h) and Wall 8 (face 12 h).

## 1-4 Rocking Chair

- 1-4 Step right forward, recover weight back onto left, step right back, recover weight forward onto left

**Finish:** Add the following steps on the end of Wall 10 (face 6:00h).

## 1-4 Step, 1/2 Pivot Turn Left, Rock Step & Pose

- 1-2 Step right forward, make a 1/2 turn left and recover weight forward onto left (face 12:00h)
- 3-4 Step right forward, recover weight back onto left & pose!  
Well done!!! 😊

# El Negrito

COPPER KNOB  
STEPPERS

Count: 32

Wall: 4

Level: Improver



Choreographer: Patricia Soran (AUT) - April 2022

Music: El Negrito - Gente de Zona & Carlos Vives

Intro: 16 Counts - No tags, no restarts!

## COUNTS 1-8: CROSS POINT, SIDE POINT, BEHIND-SIDE-CROSS, ¼-VOLTA-TURN RIGHT, CROSS-SIDE-ROCK

1-2 Point RF over LF; Point RF to side  
3&4 Cross RF behind LF; Step to side with LF; Cross RF over LF  
&5&6 ¼-turn right (3:00) in a circle: Step to side with LF (&); Cross RF over LF (5), Repeat (&6)  
7&8 Cross LF over RF; Rock to side with RF; Recover on LF 3 00

## COUNTS 9-16: 2x PADDLE-TURN LEFT, CROSS-SHUFFLE, SIDE ROCK, CROSS BEHIND, ¼-TURN RIGHT, STEP FWD. L

1-2 ¼-turn left (12:00) and point RF to side; Repeat (9:00)  
3&4 Cross RF over LF; Step LF near behind RF; Cross RF over LF  
5-6 Rock to side with LF; Recover on RF  
7&8 Cross LF behind RF; ¼-turn right (12:00) and step RF fwd.; Step fwd. with LF

## COUNTS 17-24: MAMBO FWD. + BACK, V-STEP

1&2 Rock fwd. with RF; Recover on LF; Step back with RF  
3&4 Rock back with LF; Recover on RF; Step fwd. with LF  
5-8 Step diagonally fwd. with RF; Step diagonally fwd. with LF; Step diagonally back with RF back to center; Step together with LF

## COUNTS 25-32: MODIFIED JAZZ TRIANGLE WITH ¼-TURN RIGHT, 4x SWAY

1-2 Cross RF over LF; ¼-turn right (3:00) and step back with LF  
&3-4 Step together with RF (&); Cross LF over RF (3); Point RF to side (4)  
5-8 Take weight on RF (feet shoulder width apart) and sway R-L-R-L (end with weight on LF) 3 00

ENJOY!

Email: [patricia.soran@linea7.com](mailto:patricia.soran@linea7.com)

Dec. 2

# All Of Me



Count: 32

Wall: 2

Level: Intermediate NC2S

Choreographer: Simon Ward (AUS) - January 2014

Music: All of Me - John Legend : (Album: Love In The Future, - iTunes)



**Intro: Dance begins approx 8 secs into song on vocals**

**[1-8&] R basic, L basic, R fwd diagonal, L fwd, ½ turn L, L back, Recover, ¼ R**

- 1-2& Large step right to right dragging left towards, Rock/step left behind right, Recover and slightly cross/step right over left (12.00)
- 3-4& Large step left to left dragging right towards, Rock/step right behind left, Recover and slightly cross/step left over right (12.00)
- 5-6& Step right forward to right diagonal (1.30) pulling right shoulder back to prep for styling, Step left forward, Turn a ½ turn left stepping right back (7.30)
- 7-8& Rock/step left back, Recover onto right turning 1/8 turn right (9.00), Turn a further ¼ turn right stepping back on left (12.00)

**[9-16&] ¼ R with R basic, Rock L, Recover, Cross L, ¼ L, L back, R fwd, ½ R, R back sweep, L behind, R side**

- 1-2& Turn a further ¼ turn right & step right to right side (3.00), Rock/step left behind right, Recover and slightly cross/step right over left
- 3&4& Rock/step left to left side, Recover weight onto right, Cross/step left over right, Step right to right turning ¼ turn left (12.00)
- 5-6& Rock/step left back, Step right slightly forward, Turn a ½ turn right and step left back (6.00)
- 7-8& Step right back sweeping left back, Step left behind right, Step right to right turning 1/8 right (7.30)

**[17-24&] Lunge L, R back, L back ½ turn R, Complete turn & hitch, Cross L, ½ L, Cross R, Recover, 1 ¼ turn R**

- 1-2& Lunge left fwd (7.30), Step right slightly back, Step left slightly back starting to make a ½ turn right (1.30)
- 3-4 Complete ½ turn right stepping onto right hitching left knee (1.30), Cross/step left over right to (3.00)
- 5&6 Make a ¼ turn left stepping back on right (12.00), Make a further ¼ turn left stepping left to left side (9.00), Cross/rock right over left
- 7&8& Recover weight back onto left, Make a ¼ turn right stepping right forward (12.00), Make a further ½ turn right stepping back on left (6.00), Turn a further ½ turn right stepping forward on right (12.00)

**[25-32&] ½ R with sweep, R back, L back, Rock R, Recover L, Walk R,L, R fwd pivot ½ L, R fwd, ½ turn R**

- 1-2 Make a further ½ turn right stepping back on left sweeping right back (6.00), Step right back and directly behind left roll left shoulder back for styling
- 3-4& Step left back and directly behind right, roll right shoulder back for styling, Rock/step right back, Recover weight forward on left
- 5-6 Walk forward right, left
- 7&8& Step right forward, Pivot ½ turn left taking weight onto left, Step right forward, Step left slightly forward making a ½ turn right

**RESTART**